

# Training Announcement

## SEPTEMBER 2004 – JULY 2005

Division of HIV/AIDS Services  
Prevention and Education

[www.state.nj.us/health/aids/announce.htm](http://www.state.nj.us/health/aids/announce.htm)



### Course Descriptions – HIV Prevention Counseling Course Series

COURSES ARE LISTED IN THE STEPS THAT ARE NEEDED FOR PRE-REQUISITES

#### STEP 1 - HIV DISEASE: THE BASIC FACTS – BAF101 (ONE-DAY COURSE)

This training course contains a broad range of facts on HIV/AIDS presented in a lecture format. It is designed for participants who have had little or no previous HIV experience and/or HIV education. Information will focus on HIV-related terminology, the impact of HIV in New Jersey, stages of HIV disease, women and pediatric infection, HIV transmission, prevention and risk reduction, and basic testing issues. A knowledge based questionnaire with a passing score of 75 or above is required for continuation in the HIV Prevention Counseling Course Series.

#### STEP 2 - BASIC COUNSELING AND COMMUNICATION SKILLS – CSG204 (ONE-DAY COURSE)

Counseling and communication skills are the focus of this course that is designed to provide basic information for new counselors. Experienced counselors interested in a review of basic skills are also welcome. Topics include: attending skills, listening skills, verbal and non-verbal communication, counselor parameters, and counselor wellness. **PRE-REQUISITE BAF101**

#### STEP 3 - THE STAGES OF BEHAVIOR CHANGE – CSG205 (TWO-DAY COURSE)

This course will present the basic principles of behavior change, factors that contribute to behavior change, and strategies and approaches for effective HIV risk reduction counseling, as suggested in the research of Carlo DiClemente, James Prochaska and Jeffrey A. Kelly. In an effort to enhance the participants' understanding of the stages of change theory, each stage along the spectrum of behavior change along will be examined. Case studies will be utilized to assist participants in developing individualized HIV prevention plans and strategies necessary to guide clients through the stages of behavior change. A strategy worksheet will be introduced to assist in the assessment of clients' needs and development of personal client-centered risk reduction plans **PRE-REQUISITES BAF101 AND CSG204**

#### STEP 4 - RISK REDUCTION COUNSELING – CSG206 (TWO-DAY COURSE)

This training course will focus on building the skills necessary to provide effective risk assessment and risk education counseling. Using case studies, role plays and demonstrations, participants will be able to determine the best approaches to assess client risks, appropriate and creative risk reduction options, circumstances and triggers that effect risk reduction, steps necessary to reduce risk, barriers that could interfere with those steps, and strategies for making effective referrals. **PRE-REQUISITES BAF101, CSG204 AND CSG205**

#### STEP 5 - TEST DECISION COUNSELING, RESULTS COUNSELING, AND PARTNER NOTIFICATION COUNSELING – CSG207 (THREE-DAY COURSE)

This course is specifically *designed for counselors who will directly involved in providing actual HIV testing services, providing HIV test results, and discussing options for the notification of sexual and injecting drug partners of HIV-infected individuals.* Topics include: confidentiality, window period exposures, confidential and anonymous testing, informed consent, OraSure, HIV Counseling and Testing Reporting Form, Adult HIV/AIDS Confidential Case Report and Pediatric HIV/AIDS Confidential Case Report, disclosure, partner notification and elicitation, and referrals. Through role plays and case studies, participants will be provided with strategies for assisting clients in making a decision to test, preparing themselves and their clients to receive test results, giving and interpreting test results, determining additional referrals, and addressing partner notification issues. **PRE-REQUISITES BAF101, CSG204, CSG205 AND CSG206**

### Training Course Application

Please complete the following information, detach, and mail or Fax to (609) 292-6009



Name: \_\_\_\_\_ Job Title: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ Fax: \_\_\_\_\_

Program/Agency Name: \_\_\_\_\_

Program/Agency Street Address: \_\_\_\_\_

Or Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

COURSE CODES	BAF101	CSG204	CSG205	CSG206	CSG207
DATE(S)					
LOCATION(S)					

Training Schedule and Locations - September 2004/July 2005

September - Newark	Sept/Oct – Mt. Laurel	Oct/Nov – E. Brunswick	Nov/Dec - Newark
9/1/04 - BAF101	9/28/04 - BAF101	10/26/04 - BAF101	11/30/04 - BAF101
9/2/04 - CSG204	9/29/04 - CSG204	10/27/04 - CSG204	12/1/04 - CSG204
9/7,8/04 - CSG205	10/5,6/04 - CSG205	11/3,4/04 - CSG205	12/7,8/04 - CSG205
9/14,15/04 - CSG206	10/12,13/04 - CSG206	11/9,10/04 - CSG206	12/9,10/04 - CSG206
9/21,22,23/04 - CSG207	10/19,20,21/04 - CSG207	11/16,17,18/04 - CSG207	12/14,15,16/04 - CSG207

January - Hightstown	February – Mt. Laurel	March - Newark	March/April – E. Brunswick
1/4/05 - BAF101	2/1/05 - BAF101	3/1/05 - BAF101	3/29/05 - BAF101
1/5/05 - CSG204	2/2/05 - CSG204	3/2/05 - CSG204	3/30/05 - CSG204
1/11,12/05 - CSG205	2/8,9/05 - CSG205	3/8,9/05 - CSG205	4/5,6/05 - CSG205
1/18,19/05 - CSG206	2/16,17/05 - CSG206	3/15,16/05 - CSG206	4/12,13/05 - CSG206
1/25,26,27/05 - CSG207	2/23,24,25/05 - CSG207	3/22,23/24/05 - CSG207	4/19,20,21/05 - CSG207

May - Newark	June – E. Brunswick	July – Mt. Laurel
5/3/05 - BAF101	6/1/05 - BAF101	7/6/05 - BAF101
5/4/05 - CSG204	6/2/05 - CSG204	7/7/05 - CSG204
5/10,11/05 - CSG205	6/7,8/05 - CSG205	7/12,13/05 - CSG205
5/17,18/05 - CSG206	6/14,15/05 - CSG206	7/19,20/05 - CSG206
5/24,25,26/05 - CSG207	6/21,22,23/05 - CSG207	7/26,27,28/05 - CSG207

The HIV Prevention Counseling Course Series is a progressive succession of trainings incorporating more in-depth attention to capacity building. Providers will have the opportunity to send their staff to the most appropriate courses necessary to more effectively perform their job duties.

Recommended Audience:  
Outreach Workers, HIV Counseling and Testing Coordinators/Counselors, Prevention Case Managers, Health Education/Risk Reduction Counselors,  
Prevention/Education Program Coordinators, Substance Abuse Counselors,  
as well as counselors from any agency providing HIV Counseling and/or Testing services.